

## **CAS Fitness Center Application**

County of Orange ("County") employees (as defined in the CAS Wellness and Fitness Center Policy) are eligible to become a member of the CAS Fitness Center. Fitness Center membership includes use of weights, cardiovascular equipment, lockers, and showers. Employees must also complete the "Payroll Deduction Form for CAS Fitness Center".

I wish to use the County of Orange Fitness Center located at the County Administration South (CAS), including its exercise equipment, locker room and shower (collectively referred herein as "facility").

Name (First and Last):	
Department:	Phone Number:
Employee ID #:	Work Email:
Badge ID #:	-
In case of emergency, please notify the follo	wing emergency contact:
Name (First and Last):	
Relationship:	Phone Number:
Please describe activities you plan to do at t	he Fitness Center (e.g. weight training, cardiovascular):

In consideration of permission to use the facility, I acknowledge and affirm the following:

- 1. My use of the facility is:
  - a. not part of any of my work related duties;
  - b. not a term or condition of my employment;
  - c. entirely voluntary on my part and is being made available at my request for my convenience and private non-work-related use on my own unpaid, personal time only.
- 2. I must familiarize myself with the safe use and operation of the equipment prior to using the facility by reviewing the Fitness Center Orientation presentation found on the County of Orange Wellness Center website.



- 3. I have signed the "Payroll Deduction Form for CAS Fitness Center" and understand I am responsible for paying membership dues through payroll deductions to keep my membership active. Membership dues are subject to change.
- 4. I have read and understand every term of the "CAS Wellness and Fitness Center Release and Waiver of Liability form".
- 5. I have signed the "CAS Wellness and Fitness Center Release and Waiver of Liability form".
- 6. I have read and understand the County's policy titled "CAS Wellness and Fitness Center Policy." Failure to comply with the policy and posted rules may result in loss of membership. Membership dues are non-refundable if membership is revoked or cancelled due to inactivity of more than three consecutive months (without prior arrangements).

Prior to any individual using the Fitness Center or its equipment, this signed form, along with the CAS Wellness and Fitness Center Release and Waiver of Liability Form, must be on file with the Wellness Center staff.

Print Name

Signature

Date

Submit a completed, signed copy of this form to the Wellness Center staff who will then notify you of confirmation to begin your participation in the center.