

Complete Your

Biometric Screening Today

A biometric screening can help you identify health risks and provide you a pathway to make lifestyle changes, so you stay happy, healthy and feeling your best.

Complete a screening by August 18, 2023 through ONE of the following options and earn 50 points towards your Opportunity Drawing Rewards and the 2024 Wellness Credit (if eligible):

- Submit a completed Health Care Provider Form (Physician Result Form) with results dated between August 20, 2022 and August 18, 2023. Choose this option to qualify for an additional Opportunity Drawing and be entered to win prizes courtesy of the County of Orange Employee Health Plans.
- **2.** Attend an Onsite Screening event, which are being held at over 19 locations throughout the County. Schedule an appointment through the "Biometric Screening" card on the portal homepage.
- **3.** Visit a Quest Lab (Patient Service Center) between May 22, 2023 and August 18, 2023.
- Request, complete and submit an At Home Test Kit (Self-Collection Materials). At Home Test Kits must be <u>ordered by</u> August 1, 2023 and <u>submitted to Quest</u> by August 18, 2023.

Need Assistance? Call WebMD Customer Service at 800-492-9812 Monday – Friday: 5:30 a.m. – 5:00 p.m. PST. Or email your Well-Being Program Manager at **YourPathway@webmd.net**. **2024 Wellness Credit (if eligible):** Complete Healthy Actions and earn the required 100 points to receive five percent off your 2024 health insurance premium.

Not sure if you're eligible for the 2024 Wellness Credit? Scan the QR code below to visit Your Pathway to Wellness and learn more about your Wellness Credit status.

Opportunity Drawings:* For those eligible for the Wellness Credit, every 25 points completed after the initial 100 points will earn you one drawing entry (4 entries max). For those exempt from the Wellness Credit, complete up to 200 points to earn a maximum of 8 entries – every 25 points completed will earn you one drawing entry.

*Prizes are generously provided by the County of Orange Employee Health Plans and may be taxable.

Scan the QR code below or visit the Your Pathway to Wellness portal at **webmdhealth.com/countyoforange** to get started today.





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