

BEHAVIORAL HEALTH FOR GREATER WELLNESS



County of Orange understands that emotional and behavioral health are a vital part of your overall wellness. That's why we are pleased to offer convenient and confidential support for employees like you.

Convenient and accessible

It's easy and convenient to connect with your counselor in person or through virtual appointments on a schedule that's right for you.

Broad scope of services

Our Behavioral Health Counselor is fully licensed to practice in the state of California, and available to help you achieve greater balance and resilience in all areas of your life, including services like work-life balance, depression, anxiety and more.

Affordable care

Your first visit is \$0. Cost is then determined by your health plan as follows:

Health Plan	Your Cost
Cigna Choice	\$0
Cigna Select	\$0
Kaiser	\$0
Wellwise	\$0
Sharewell ¹	\$30, once deductible is met, \$0 ²

If you are in urgent emotional distress and require immediate help, please contact one of the numbers below for 24/7 support and resources:

- + Employee Assistance Program (EAP): **800.221.0945**
 - Username: **Orange County ca**
 - Password: **eap**
- + National Suicide Prevention Lifeline: dial **988**
- + In the case of an emergency: dial **911**

EVERNORTH
HEALTH SERVICES



1. The County's Sharewell medical plan is classified as a High Deductible Health Plan (HDHP), which means employees are eligible to make contributions to a Health Savings Account (HSA). The IRS has several requirements for High Deductible Health Plans, including requiring that members pay all expenses out-of-pocket until the deductible is met.
2. Until further notice, cost share will not apply for virtual services as regulated by the Federal Government.
3. Virtual visits are available through the MyChart patient portal.

Services are provided by Evernorth Direct Health, LLC and its affiliates. Professional services are provided by Home Physicians 2011, P.C. (IL), Alegis Care - New Jersey, P.C., Alegis Care - Michigan, P.C., Alegis Care - Georgia, P.C., Alegis Care - Pennsylvania, P.C., Alegis Care - Kansas P.A., Sokolow Medical, P.C. (NY) and Cigna HealthCare of North Carolina, Inc., with administrative services provided by Evernorth Direct Health, LLC. MyChart is a registered trademark of Epic Systems Corporation.

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Location: County Administration North
400 West Civic Center Dr., Suite 111
Santa Ana, CA 92701

Phone: 714.834.7028

Email: CountyofOrangeBH@evernorth.com

Hours:

Monday through Thursday: 7:30 a.m. - 2:30 p.m.

Friday: Virtual only³

(Appointment duration is 50 minutes and can be done during break times or by posting leave time. Employees are to request approval from their supervisor in advance if requesting to post leave balances.)

Book your appointment today



Click [here](#) or scan the QR code, then:
- Scroll down to select **"Counseling"**
- Then select **"County of Orange"**

