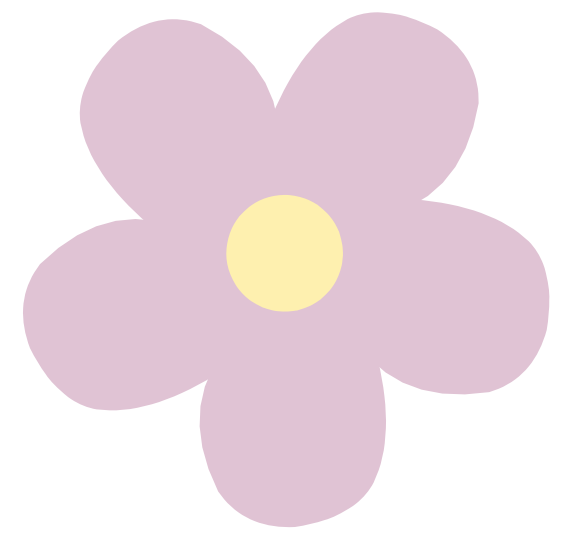
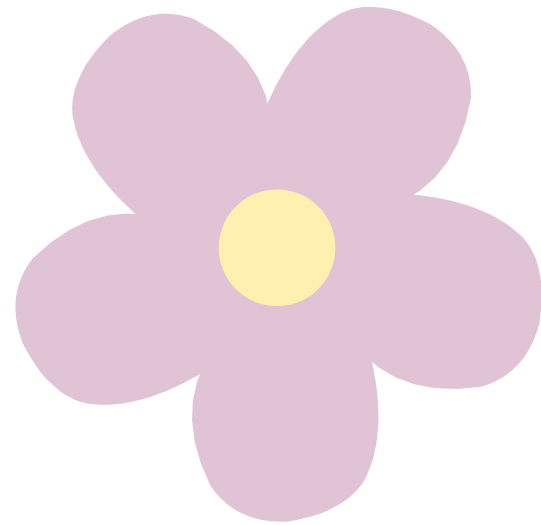


EMPLOYEE WELLNESS CENTER PICTURE FRAME



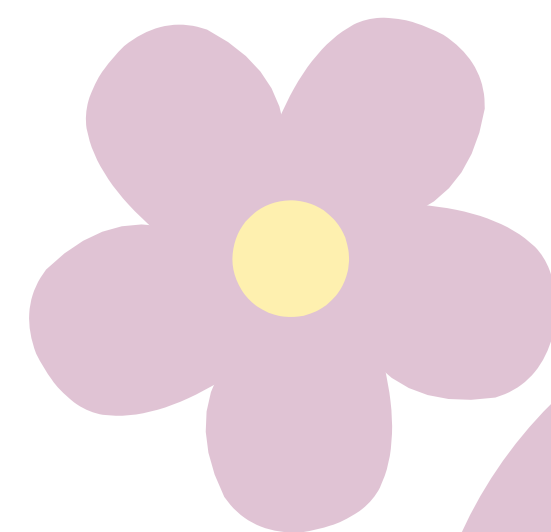
SUPPLIES NEEDED

- PICTURE FRAME
- GLASS BEADS
- PARCHMENT PAPER
- COOKIE SHEET
- LARGE BOWL OF ICE WATER
- OVEN HEATED TO 350 DEGREES
- HOT GLUE GUN



INSTRUCTIONS

1. PRE- HEAT OVEN TO 350 DEGREES
2. ON A PARCHEMNT LINED COOKIE SHEET SPREAD GLASS STONES IN SINGLE LAYER
3. BAKE GLASS STONES FOR 20 MINUTES
4. REMOVE STONES FROM OVEN AND PLACE IN ICE WATER
- **TIP:** YOU WILL HEAR THEM CRACKLE AND BREAK - THIS IS NORMAL.
5. ONCE COOLED (AROUND 5 MINUTES) REMOVE STONES FROM ICE BATH AND LET DRY
6. USE GLUE GUN TO ADHERE GLASS STONES TO THE BORDER OF YOUR PICTURE FRAME



PERFECT GIFT
FOR CHERISHED
MEMORIES

